<u>NEWS FROM</u> <u>EASTPORT, ME. CITY</u> <u>HALL.</u>



Over the past several weeks the Eastport City Hall Managers and I have been reading for the Coronavirus working with some Eastport representatives and experts in their specialized fields as well as county and state representatives. This work includes the State CDC directives and daily updates. The City of Eastport's Management Team and I continue to partner with the county and state as we proceed forward on this path to provide the citizens of Eastport with the latest factual information and updates as possible. As citizens of Eastport "Your Voice Matters". If you have suggestions, questions or concerns please reach out to our City Hall Office @ (207) 853-2300. Also for daily updates join us at the Eastport website *eastport-me.gov* for all daily updates on the Coronavirus in our news section. Be safe, happy, and well!

Thomas Hoskins II, Eastport City Manager

Emergency Phone Numbers:

Emergency – 911

Eastport City Hall 853-2300 City Manager 207 214-7647 Eastport Health Care 853-6001 Calais Hospital 454-7521 Machias Hospital 255-3356 Dialysis Center 853-9600 Eastport Pharmacy 853-9200 Food Pantry 853-0812 R & M IGA 853-4050 Eastport Family Dollar 853-0130 Local Postal Customer

<u>The Eastport City Hall Coronavirus Special Report will be re-</u> aired on radio station WSHD, 93.3 on the following schedule beginning Tuesday, March 24th until Monday, to April 6th:

12 noon, daily; 8 am, Monday..., Wednesday, Friday, Saturday, and Sunday; 8 pm, Monday, Tuesday, and Friday; 9 pm, Wednesday, Saturday, and Sunday.

Coronavirus (COVID-19) What To Do If You Are Sick.

Call your Doctor

 If you think you have been exposed to COVID-19 and develop a fever and symptoms, such as a cough or difficulty in breathing, call your healthcare professional for medical advice

> STEPS TO HELP PREVENT THE SPREAD OF COVID-19 IF YOU ARE SICK.

Important Website Addresses:

City of Eastport:

https://www.eastportme.gov/

Maine CDC:

https://www.maine.gov/dh hs/mecdc

Governor Mills:

https://www.maine.gov/go vernor/mills/covid-19

- <u>Stay home except to get</u> <u>medical care.</u>
- <u>Separate yourself from</u> <u>other people and animals</u> <u>in your home.</u>
- <u>Call ahead before visiting</u> <u>a doctor.</u>
- <u>Wear a facemask if you are</u> <u>sick.</u>
- <u>Clean your hands often.</u>
- <u>Cover you coughs and</u> <u>sneezes.</u>
- <u>Avoid sharing personal</u> <u>household items.</u>
- <u>Clean all "high touch"</u> <u>surfaces every day.</u>
- <u>Monitor your symptoms.</u>